



Jennie Reid Elementary Specials Outreach Learning

April 20 – April 24, 2020

A message from Mrs. Weeden: <https://youtu.be/FdDMkK7NcvM>

A message from Mrs. Basile: <https://youtu.be/Jn53Qr6ffCw>

A message from Mrs. English: <https://www.smores.com/13u4h-roadrunner-s-connect?ref=email>

A message from Nurse Cox: <https://youtu.be/0--WL1TgqHs>

A Note from Ms. Arisco: Q: What has forty feet and sings? A: The Roadrunner Choir!

Important changes this week! The Quaver company has been working hard with LPISD to create individual class accounts. So please carefully follow directions below for the new log in instructions. I hope everyone is doing well! Keep smiling and doing your best every day.

Ms. Arisco's email office hours are: 9:00am-1:00pm M-F with additional hours on Wednesdays from 5:00pm-7:00pm

Ariscoj@lpisd.org

A Message from Coach Arriazola:

Hey Roadrunners, it's time for another action-packed week of home-based PE class! Hopefully, you're enjoying the activities so far and have been able to learn something new to help continue developing a physically active lifestyle. Thank you again for staying in touch and sending pictures, videos, quiz scores, and writing prompt answers! I'm amazed by how many students, and families, are continuing to work hard during this challenging time. Please reach out if you have any questions or concerns. Make it a great week and GO ROADRUNNERS! -Coach A.

PE virtual office hours: Monday – Friday 9 AM – 1 PM and additional hours Wednesday only from 5 PM – 7 PM. Contact by e-mail at Arriazolaa@lpisd.org or by phone call and text through the Remind App. To sign up for Remind notifications text @coachjrepe to 81010.

A Little Byte from Mrs. Miller:

Hello, Roadrunners! It's a new week, and I wanted to let you know that I'm thinking about each one of you. It's been a while since we've seen each other, and I miss you! I know you are spending more time than normal on the computer completing your schoolwork, but I wanted to remind you to use your Net Smartz! Our friends Nettie and Webster have some fun and educational videos that remind us how to be safe while on the computer. Ask your parent if they will help you watch a video on Netsmartzkids.org. Take care and have a fantastic week!

Mrs. Miller's email office hours are: 9:00am-1:00pm M-F Millersh@lpisd.org

If your child receives Special Education, Section 504, or Dyslexia services, services will be addressed weekly by your child's teacher via email. If there are any questions, please feel free to email your child's teacher.

Grades

PE – Please feel free to email quiz scores, bonus writing answers, pictures or videos of you and your family being physically active!

Music- Please feel free to email pictures of your musical endeavors at home!

Music	Physical Education
<p><u>Grades K-2 Objective:</u> We will keep a steady beat. I will perform an echo rhythm. (2A) ELPS: .2F</p> <p>Weekly Activities: New login protocol. Please read carefully- it is different!</p> <ol style="list-style-type: none"> 1. Log into: Clever 2. Click: Quaver icon 3. Click: “No, you do not have an account” 4. If prompted, select the option Without Flash 5. Click: Assignments and then choose “Echo” and then launch <p>Assessment(s): Play a rhythm for someone at home!</p> <p><u>Grades 3-5 Objective:</u> We will review the grand staff & Middle C I will identify the placement of middle C on the grand staff. (3A) ELPS: .2F</p> <p>Weekly Activities: New login protocol. Please read carefully- it is different!</p> <ol style="list-style-type: none"> 6. Log into: Clever 7. Click: Quaver icon 8. Click: “No, you do not have an account” 9. If prompted, select the option Without Flash 10. Click: Assignments and then choose “Staff” and then launch <p>Assessment(s): Adult observation of participation in activity.</p> <p>Enrichment: Music Journal - *This week’s entry: What is your favorite song? Why do you like it?</p>	<p><u>Grades K – 5 Objective:</u> We will engage in a health enhancing, physically active lifestyle that improves health and provides opportunities for enjoyment and challenges. I will identify how regular physical activity strengthens the heart, lungs, and muscular system. (TEKS:1.3, 2.3, 5.3)</p> <p>Weekly Activities: Monday – Friday Complete the two warm up exercise routines before playing a game with your family. You can select any game or pick from the two below. Click the YouTube link to see an example. Warm Up 1: High Knee Skip, Side Slide, Jog in Place, Heal Kick (complete each exercise for 20 seconds for 3 rounds) https://www.youtube.com/watch?v=7Lwemrb3Adw Warm Up 2: Straight Leg Kick, Knee Hug, Backwards Walk Hamstring Stretch, Lunge with Trunk Rotation, Reverse Lunge with Shoulder Raise, Ankle Bounce, Heal Kick, High Knees, Side Shuffle (complete each exercise across a 15 yard distance, down and back) https://www.youtube.com/watch?v=if7eUZ4Eylg Rock, Paper, Scissors Tag: Pairs play RPS match, winner is “IT” and chases the other partner. https://www.youtube.com/watch?v=A1Qc8UDXYlo Grab the Ball: The music will play, and when it stops, try to grab the ball before your partner. https://www.youtube.com/watch?v=IfZEH_biXoQ</p> <p>Assessment(s): <u>Daily Self Evaluation Discussion with Your Household</u> Talk to a trusted family member about how you feel you did today. Be honest and rate your daily performance Excellent, Good, Ok, or Need More Effort.</p> <p>On-line Assessment Activity: Log in to Brain Pop by clicking the link below. https://www.brainpop.com/ Use the below login and password for Brain Pop: Log in: jrelpisd Password: lpisd</p> <ol style="list-style-type: none"> 1. Click the <u>Health & SEL</u> icon (clipboard with heart) at top right of the main menu. 2. Click the <u>Sports & Fitness</u> icon (person running) from the Health menu. 3. Click the <u>Fitness</u> icon (person running) from the Sports & Fitness menu. 4. Watch the video then complete the ten question <u>Graded Quiz</u> from the Quiz menu. 5. Once complete you can click <u>Email Your Results</u> and send them to Coach A. at Arriazolaa@lpisd.org <p>Bonus Challenge: K-5th Continue to keep a daily written log of your Fitnessgram exercise and stretch repetitions from last week's lesson plans. Did you improve each day, did you improve</p>